# Health Plan of Nevada A UnitedHealthcare Company

## 11.14 PAIN MANAGEMENT REFERRAL GUIDELINES Contracted Group: Southwest Medical

#### PAIN MANAGEMENT REFERRAL GUIDELINES

#### For Appointments:

4750 W Oakey, Suite 3A Las Vegas, NV 89102 Phone: (702) 877-5370 Fax: (702) 366-9064

New appointments: Phone (702) 877-5370

#### The following information should be forwarded:

- Reason for consultation
- Specific requests (i.e. interventional procedure)
- History and physical exam
- Available diagnostics (x-ray, MRI, laboratory tests)
- Summary of previous evaluations and treatments
- Current and previous medications

### In general, a pain management referral should be made when:

- Pain has lasted greater than 6 months despite conservative therapy, or
- Pain is from an acute event than may benefit from early intervention (i.e. acute disc herniation)
- Provider feels there is SPECIFIC intervention (i.e. interventional procedure, pharmacotherapy) that Pain Management Center can offer in the acute or chronic setting
- Pre-surgical diagnostics (i.e. diagnostic nerve blocks)
- Surgery is contemplated or eliminated as option by appropriate specialist
- Recommendations sought for medication management (please note: prescriptions for opiates and other medications will not automatically be resumed by Pain Management Center. Please do not plan for this or indicate to patients that prescriptions will be transitioned or provided on day of consultation)